



## "HOME & FAMILY"

### HIGHLIGHTS FOR UPCOMING "HOME & FAMILY" EPISODE MONDAY, MARCH 14

#### "Home & Family" Airs Monday through Friday (10a.m. ET/PT, 9C – 12p.m. ET/PT, 11C) on Hallmark Channel

Below are highlights from the upcoming **Monday, March 14, 2016** telecast of "Home & Family" on Hallmark Channel. "Home & Family," currently in its fourth season, is the only daytime lifestyle series on cable television with 52 consecutive weeks of new episodes. Emmy® Winner **Mark Steines** and *New York Times* bestselling author and chef **Cristina Ferrare** host the fourth season of the two-time Daytime Emmy® Nominated Hallmark Channel Original Lifestyle Series. "Home & Family" airs new original episodes Monday through Friday (10a.m. ET/PT, 9C – 12p.m. ET/PT, 11C) on Hallmark Channel.

**MONDAY, March 14** - Mark Steines and Cristina Ferrare welcome actress **Erinn Hayes** from Adult Swim's "Children's Hospital." Actor **Daniel Webber**, starring in Hulu's "11-22-63," visits our home. From *Three Mommy Doctors*, mothers and emergency room doctors, **Mizuho Spangler** and **Veronica Vasquez**, have first aid tips to keep your children safe. The **TAPfit Team** shows you the next hottest workout which combines tap dancing, cardio, resistance training, and body sculpting. Debbie Matenopoulos and celebrity hairstylist **Giles Robinson** are here to talk about your roots. Cristina cooks delicious scallops with blood orange gastrique. Orly Shani is making trending DIY lace-up heels. Learn how to make a giant DIY Peep cake with Tanya Memme, and Dan Kohler shares the science behind Peeps. Matt Rogers has important information about responsible social media use for children.

The fourth season of "Home & Family" features even more fresh advice from experts at the top of their fields. "Family members" dishing tips and tricks that help viewers live their best lives include lifestyle expert Debbie Matenopoulos, Hollywood beauty specialist Kym Douglas, healthy living advocate Sophie Uliano, design expert Paige Hemmis, DIY expert Tanya Memme, medical expert Matt Iseman, landscape and garden designer Shirley Bovshow, chef Fabio Viviani, decorator Ken Wingard, dog trainer Laura Nativo, pediatrician Dr. J.J. Levenstein, family man Matt Rogers, financial advisor Jeanette Pavini, renegade chef Dan Kohler, men's fashion expert Lawrence Zarian, fashion designer Orly Shani and mommy lifestyle expert Kristin Smith. Together with Mark and Cristina, these captivating experts make "Home & Family" the "Ultimate How-To" show, and a series honored for its excellence with two Daytime Emmy® nominations.

"Home & Family" features not only the best in lifestyle advice, but also plays host to some of Hollywood's biggest stars and most exciting music acts. Recent guests that have visited include; Dolly Parton, Mira Sorvino, Steven Bauer, John Rhys-Davies, Joseph Fiennes, Melissa Ethridge, Fran Drescher, Hayden Christensen, Kate Bosworth, Nigel Lythgoe, James Brolin, Naomi Judd, Wolfgang Puck, Tony Robbins, Billy Ray Cyrus, Betty White, Dean Cain, Tori Spelling, Olivia Newton-John, Alison Sweeney, Russell Simmons, La Toya Jackson and Rocco DiSpirito. The series reaches viewers' homes from its own 2,800 square foot working home at Universal Studios.

Woody Fraser is the creator of "Home & Family." Marty Tenney is the executive producer. Rob George and William O'Hara are directors of "Home & Family" from Woody Fraser Enterprises. "Home & Family" is broadcast in 1080i, Hallmark Channel's selected HD Format. This program carries a TV-G parental guideline.

For more information on "Home & Family" please visit:  
<http://www.hallmarkchannel.com/home-and-family>

For press information, photos and video clips please visit [www.crownmediapress.com](http://www.crownmediapress.com)

Hallmark Channel on Social Media: [Facebook](#), [Twitter](#), [Pinterest](#), [YouTube](#)

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#### **ABOUT HALLMARK CHANNEL**

**Hallmark Channel** is Crown Media Family Networks' flagship 24-hour cable television network, distributed nationwide in high definition (HD) and standard definition (SD) to 90 million homes. The country's leading destination for quality family entertainment, Hallmark Channel delivers on the 100-year legacy of the Hallmark brand. In addition to its signature original movies, the network features an ambitious lineup of other original content, including scripted primetime series, such as *Good Witch* and *When Calls the Heart*; annual specials like *Kitten Bowl* and *Hero Dog Awards* and; a daily 2-hour lifestyle show, *Home & Family*. Additionally, in November 2014, Hallmark Channel became the exclusive home to world premiere presentations of the acclaimed Hallmark Hall of Fame franchise. Dedicated to helping viewers celebrate life's special moments, Hallmark Channel also offers such annual holiday programming events as *Countdown to Christmas* and *Countdown to Valentine's Day*. Rounding out the network's diverse slate are television's most beloved sitcoms and series, including *The Golden Girls*, *The Middle*, *Little House on the Prairie*, and *Frasier*.

Crown Media Holdings, Inc. (NASDAQ: CRWN), owns and operates Crown Media Family Networks.

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