



## "HOME & FAMILY"

### HIGHLIGHTS FOR UPCOMING "HOME & FAMILY" EPISODE MONDAY, APRIL 15

#### "Home & Family" Airs Monday through Friday (10a.m. ET/PT, 9C - 12p.m. ET/PT, 11C) on Hallmark Channel

Below are highlights for the upcoming **Monday, April 15, 2019** telecast of "Home & Family" on Hallmark Channel. "Home & Family," currently in its seventh season, is the only daytime lifestyle series on cable television with 52 consecutive weeks of new episodes. **Debbie Matenopoulos** and **Cameron Mathison** host the seventh season of the three-time Daytime Emmy® nominated Hallmark Channel original lifestyle series. "Home & Family" airs new original episodes Monday through Friday (10a.m. ET/PT, 9C - 12p.m. ET/PT, 11C) on Hallmark Channel.

**MONDAY, April 15** - Debbie Matenopoulos and Cameron Mathison welcome "Lessons From Lucy: The Simple Joys of an Old, Happy Dog" author, **Dave Barry**. "Rustic Joyful Food" author, **Danielle Kartes** whips up breakfast bowls to jumpstart our mornings. "The Right Fit Formula" author, **Christine Lusita** helps us eat for our personality types. "Dinner Takes All" judge, **Eddie Zamora** cooks papas rellenas with garlic aioli sauce. Headspace founder, **Andy Puddicombe** discusses the difference between mindfulness and meditation. Orly Shani has DIY wrap headbands. Ken Wingard breaks down how to choose the right window treatments for our homes. Shirley Bovshow show us how to grow wildflowers. Maria Provenzano creates a display for sunglasses. Lawrence Zarian is here with eco-friendly fashions.

Tracy Verna Soiseth is the executive producer of "Home & Family." Jeff Rifkin, Miguel Enciso, and Ashley Sandoval are the directors. "Home & Family" is broadcast in 1080i, Hallmark Channel's selected HD Format. This program carries a TV-G parental guideline.

For more information on "Home & Family" please visit: [Hallmark Channel Home & Family](#)

For press information, photos and video clips please visit: [Crown Media Press](#)

Home & Family on Social Media: [Facebook](#), [Twitter](#), [Pinterest](#), [YouTube](#)

#### **PRESS CONTACT:**

Sheri Goldberg, [publicity@homeandfamilytv.com](mailto:publicity@homeandfamilytv.com)

Ron Del Rio, 818.755.2423, [rondelrio@crowmedia.com](mailto:rondelrio@crowmedia.com)

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