Chloe (Kaitlin Doubleday) is the can-do producer who makes the trains run on time at a Chicago podcast network. Though she assures her colleagues she’s happy behind the scenes, her passion for storytelling isn’t being satisfied in her current role. As she listens to a podcast guest describe her moment of career reckoning, Chloe can’t help but feel a glimmer of recognition. She is further intrigued as the guest goes on to describe the unlikely route to her happy life and career: a trip to Iceland that enabled her to break out of her routine and reconnect with her true interests.

That guest’s account is still very much in mind when Chloe meets her best friend Isabella (Patti Murin) for lunch. When talk turns to the carefree travels of their college years, Chloe surprises both herself and Isabella by agreeing that it’s time for a getaway. Though spontaneity isn’t Chloe’s forte, she is ready to drop everything and persuades Isabella to forego umbrella drinks in favor of Iceland.

Soon enough, Chloe and Isabella are touching down in Iceland, where they meet up with their college friend Kenneth (Preston Sadleir) and his wife Erin (Kate Easton). Chloe is fully prepared to assume her customary position as the daily activity planner, only to learn that Kenneth has hired a local tour guide to show them around. Chloe’s qualms about ceding control are eased by the guide, Johann (Jóel Sæmundsson), who proves to be as accommodating, welcoming and kind as he is breathtakingly good-looking.

Another unexpected development is more jarring for Chloe: the arrival of her college boyfriend, Charlie (Colin Donnell). After college, their romance withered as Charlie held fast to his peripatetic lifestyle as a travel photographer. The ex-couple now finds themselves in the midst of an awkward reunion, and the vagaries of travel make it impossible to avoid spending time together.

As the week unfolds, Johann treats the group to one amazing experience after another, all the while being sweetly attentive to Chloe. For her part, Chloe is embracing the journey, finding herself inspired by Iceland’s landscape, folklore and people. To her pleasant surprise, Charlie becomes a boon companion and enterprising helper when Chloe lands on an exciting idea for a podcast – a concept that expresses her love of storytelling, romance and human connection.

With the vacation drawing to a close, Chloe realizes she has laid the foundation for a new beginning. But will it involve Johann or Charlie?