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**A SELF-HELP RETREAT LEADS TO MURDER IN
'CHRONICLE MYSTERIES: HELPED TO DEATH,'
A NEW ORIGINAL PREMIERING FEBRUARY 21, ON HALLMARK MOVIES & MYSTERIES**

**Alison Sweeney and Benjamin Ayres Star in the Fifth Installment in the Popular
"Chronicle Mysteries" Franchise**

STUDIO CITY, CA – January 20, 2021 – A self-help retreat leads to murder in "**Chronicle Mysteries: Helped to Death,**" a new original premiering **Sunday, February 21 (8 p.m. ET/PT)**, on Hallmark Movies & Mysteries. Alison Sweeney ("Days of Our Lives," "The Biggest Loser") and Benjamin Ayres ("Cranberry Christmas") star.

Alex (Sweeney) and Drew (Ayres) join Zach (Ian Collins) at a self-help retreat and investigate why there has been so much controversy and tragedy under the supervision of Billy Garrett (Lochlyn Munro, "Riverdale"), the prolific life coach who runs it. When one of the retreat participants ends up dead, Alex, Drew and the rest of the Chronicle team seek the culprit amidst Billy's legion of devoted followers, advocates, and inner circle before one of them becomes the next victim.

"Chronicle Mysteries: Helped to Death" is a Lighthouse Pictures production. Executive producers are Alison Sweeney, Craig Baumgarten, Melissa Salmons Jamie Goehring and Shawn Williamson. Producer is Kevin Leslie. Jason Bourque directed from a script written by Melissa Salmons.

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-- HALLMARK MOVIES & MYSTERIES --